
TUSHANA FOWLIN, MS, CRNA, PhD(C)

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PROFESSIONAL SUMMARY

Highly skilled and motivated, Doctor of Philosophy candidate Nurse Anesthetist bringing over 7 years of experience administering anesthesia in government facilities, private, and public sectors.

Highly observant, experienced in managing expert anesthesia care for diverse patients. Decisive and knowledgeable of numerous inpatient and outpatient procedures. In addition, proven success in leadership through development of departmental protocols, management of office-based anesthesia services and billing, as well as education and mentorship to healthcare workers and members of the community. With completion of PhD candidacy in 2021 and acceptance of proposed dissertation research in January 2022, final dissertation defense of completed doctoral research is expected Fall 2022. Through my tenure as a nursing professional, it is evident I am motivated to learn, grow, and excel in research-based perioperative anesthesia services.

SKILLS

- Geriatric Anesthesia
- Anesthesia Care of ASA 3 and 4 patients
- BLS, ACLS
- Process Improvement
- Quantitative Research
- Staff Education
- Simulation
- Policy Development

WORK HISTORY

Nurse Anesthetist, 10/2018 - Current

Washington, DC VA Medical Center (VADC) – Washington, D.C.

Full time Nurse anesthetist in the Department of Anesthesiology providing comprehensive anesthesia care through administration of general, regional, and monitored anesthesia to Veterans.

- Primarily ASA status 3 and 4 patients in collaboration with physician anesthesiologists in an anesthesia care team model.
- Case variety includes general, thoracic, vascular, urology, orthopedics, plastics, podiatry, cardiac and Cath-lab, ophthalmology, gastroenterology, and gynecology.
- Participation in overnight and weekend in house call, assuming full responsibility for facility-wide out of OR airway management and resuscitation needs.
- Detecting and treating unfavorable reactions to anesthesia, including the ability to adapt and modify anesthesia techniques to provide individualized patient care.
- Participating in department workgroups such as Quality Assurance work group.
- Participation in precepting Student Registered Nurse Anesthetists (SRNAs), as well as dental residents, and other medical trainees completing clinical rotations.

Nurse Anesthetist, Independent Contractor, 07/2015 - Current

Cousins Anesthesia Services, LLC- Washington D.C. and Maryland Area

- Facilitate on-boarding, orientation, and training of new providers to facilities
- Management of Anesthesia staffing, scheduling, payroll, credentialing, book-keeping
- Participating in process improvement, billing, staff education, protocol and policy development
- Provide Licensed Independent Practitioner expert anesthesia care in office-based and ambulatory surgical settings. Cases include plastics, invitro fertilization, gastrointestinal suites, and Dental/oral-maxillary surgeries.

Nurse Anesthetist, 03/2015- 10/2018

Baltimore VA Medical Center – Baltimore, MD

- Full time tour of duty, providing comprehensive anesthesia care through administration of general, regional, and monitored anesthesia care to Veterans- primarily ASA status 3 and 4 patients, including those undergoing unusually extensive and complex surgical procedures of prolonged duration in collaboration with physician anesthesiologists in an anesthesia care team model.
- Case variety included: General surgery, neuro, thoracic, cardiology, vascular, urology, orthopedics, plastics, podiatry, psychiatry (ECT), ophthalmology, GYN, and endoscopy.
- Utilization of translational research by implementation of new developments in anesthesiology and experimental theories. Current anesthesia data obtained through journal reviews and conference attendance were utilized and discussed in daily practice.
- Collected research data per protocol, including conducting retrospective chart reviews.
- Detected and treated unfavorable reactions to anesthesia, including the ability to adapt and modify anesthesia techniques to provide individualized patient care.
- Operated and maintained state of the art anesthesia equipment, as well as professional collaboration with device representatives to evaluate the latest in anesthesia equipment for possible use in the Baltimore VA Anesthesia Care Clinical Center.
- Applied laws and regulations concerning patients' rights and privacy, such as the Health Insurance Portability and Accountability Act (HIPAA) and maintained JC standards.
- Monthly attendance at anesthesia department service meeting, monthly morbidity and mortality conference, in addition to weekly education offerings held at the University of Maryland Department of Anesthesiology.
- Participation in overnight and weekend call team, assuming full and solo responsibility for facility-wide out of OR airway management and resuscitation needs.
- Participation in the development of anesthesia patient care auditing processes, including in depth review and analysis of anesthesia records.
- Collaborated with VA anesthetists nationwide to promote collaborative, high quality care.
- Preceptor to University of Maryland Student Registered Nurse Anesthetists (SRNAs), as well as dental students, and other medical trainees completing clinical rotations.

Registered Nurse Medical ICU, 02/2012-06/2012

Temporary Travel Assignment

Reading Hospital- Reading, PA

- Provided care critically ill medical patients.
- Gained experience managing mechanically ventilated patients and patients requiring invasive monitoring.
- Administered critical care IV medications, IV sedation, and vasoactive infusions.
- Educated families and patients on condition, steps for recovery, medications, procedures, and end-of-life care.
- Worked with multi-disciplinary team to coordinate care.

Registered Nurse II, Surgical ICU, 09/2010-01/2012

Vanderbilt University Medical Center- Nashville TN

- Provided care to patients during immediate post-operative recovery period and critically ill medical patients.
- Duties included admission/discharge, assisting in resuscitative efforts, management of various drainage systems, PA catheters, respiratory monitoring of ventilator dependent patients, cardiac monitoring and interpretation, management of multiple vasoactive infusions, and administration of various IV therapies.
- Gained experience managing mechanically ventilated patients and patients requiring invasive monitoring.
- Educated families and patients on condition, steps for recovery, medications, procedures, and end-of-life care.
- Worked with multi-disciplinary team to coordinate care.

United States Public Health Service Commissioned Corps, 01/2009 – 10/2010

Rank: Lieutenant Junior Grade- Nurse Officer

Federal Bureau of Prisons- Lexington, KY

Nurse Officer: Acute/Ambulatory/ Long-term care

- **Acute-care/Long-term care:** Serving as the primary care provider for chronically and acutely ill inmates with a focus on Bone Marrow Transplant patients who are pre and post chemotherapies. Duties include admission/discharge teaching, creating/managing care-plans, wound care, and administration of various IV blood therapies.
- **Ambulatory care Clinic:** Serving autonomously as the clinic nurse in an out-patient care setting. Duties include responding to medical emergencies, administration of IV therapies, injury assessment/management, traumatic injury stabilization, altered neurological functioning assessments and management, hyper and hypoglycemia emergency management, administration of insulin and various medications throughout the institution housing approximately 1600 inmates.

United States Public Health Service Commissioned Corps, 06/2008 – 12/2008

SrCOSTEP

Federal Bureau of Prisons- Philadelphia, PA

- USPHS Commissioned Corps Nurse officer training

EDUCATION

PhD: Doctor of Philosophy Candidate, School of Nursing
University of Maryland- Baltimore, MD

- Candidacy: August 2021
- Dissertation Proposal Acceptance: January 2022
- Expected Final Dissertation Defense: Fall 2022

Thesis: Racial Discrimination and Adverse Neonatal Birth Outcomes: Examining the Impact of Interpersonal and Healthcare Racial Discrimination, and the Moderating Role of Maternal Stress.

Master of Science: Nurse Anesthesia, 12/2014
University of Maryland- Baltimore, MD

Bachelor of Science: Nursing, 12/2008
University of Pennsylvania- Philadelphia, PA

Nursing Pre-requisites: Pre- Nursing 2004-2006
Temple University- Philadelphia, PA

CERTIFICATIONS

CRNA- National Board of Certification & Recertification for Nurse Anesthetists #104922

Original Certification Date: 01/17/2015

Recertification Date: 07/31/2025

ACLS Certification- RQI American Heart Association

Last Certification: 3/31/2022

Expires: 12/2023

BLS Certification- RQI American Heart Association

Last Certification: 3/31/2022

Expires: 12/2023

LICENSURE

Certified Registered Nurse Anesthetist

Maryland, License # R202407, valid 02/04/2015-07/28/2022

District of Columbia, License # RN 1039787, valid 12/08/2015 - 06/30/2022

Registered Nurse

Maryland, License # R202407, valid 02/04/2015-07/28/2022

District of Columbia, License # RN 1039787, valid 12/08/2015 - 06/30/2022

ACADEMIC APPOINTMENT

Simulation Lab, 03/2022 - Current

University of Maryland School of Nursing- Baltimore MD

Nurse Anesthesia Specialty

School of Nursing Adjunct Professor, 09/2015- 09/2017
Coppin State University- Baltimore, MD
Undergraduate Nursing Specialty

PROFESSIONAL SOCIETIES AND ACTIVITIES

AANA (American Association of Nurse Anesthetists)
MANA (Maryland Association of Nurse Anesthetists)
AVANA (Association of Veterans Affairs of Nurse Anesthetists)
Diversity Nurse Anesthesia Mentorship Program
Founder of: The Business of Women's Empowerment (WE)

HONORS AND AWARDS

Jonas Scholarship Foundation Award for Doctoral Studies 2016-2018
Recipient of Maryland Association of Nurse anesthetist Scholarship 2014
Sigma Theta Tau National Honor Society of Nursing- Inducted 05/2013; Current/Active Member
Recipient of Hazardous duty award USPHS 2009
USPHS: Officer Basic Course – Honor Squad Award 2009
Who's Who Amongst American College & University Students/Dean's List 2004-2006

PUBLICATIONS

In Process: Fowlin, T; Ogbolou, Y; Johangten, M: Racial Discrimination and Adverse Neonatal Birth Outcomes: Examining the Impact of Interpersonal and Healthcare Racial Discrimination, and the Moderating Role of Maternal Stress

PRESENTATIONS

Poster Presentation: Can the Addition of a Paravertebral Block Reduce Breast Cancer Recurrence? at the American Association Nurse Anesthetists Annual Meeting, Orlando Florida, 09/2014